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Research Article

EFFECTIVE OF FEL TAURI IN TREATMENT OF CHOLELITHIASIS: A CLINICAL STUDY

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Abstract

Cholelithiasis is characterized by the presence of stones in the gall bladder. The manifestation of Cholelithiasis is a pain in right hypochondrium, radiates to the right scapular region along with nausea, vomiting, fever, flatulence. Cholelithiasis is a world health problem that is often managed with homeopathy medicine. The objective of this clinical study will be to evaluate the efficacy of homeopathic medicines in Cholelithiasis with Fel Tauri. The clinical study was undertaken with an aim and objective to prove the effectiveness of Homoeopathic medicines in cases of Cholelithiasis at Bharatesh Homoeopathic Medical College, Hospital and Research center, Karnataka. All indicated homeopathic medicines on the base of the totality of symptoms which prove beneficial for all the cases and thus the effectiveness of homeopathic medicines was proved in the treatment of Cholelithiasis with Fel Tauri.

Material Methods: Total of 30 patients of Cholelithiasis are selected in this observational study.

Result: over a period of 2018 to 2019, all indices throughout the follow-up period, this reduction was seen in Cholelithiasis. Result: out of 30 cases, 28 (93.33%) patients were recovered, 1 (3.33%) patients were improved and 1 (3.33%) patients were not improved. Conclusion: There is a significant reduction in pain and other symptoms of Cholelithiasis.

Keywords: Cholelithiasis, Fel Tauri, Homoeopathy, outcome.



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INTRODUCTION

Gallstones afflict 10 to 30 % of the adult population and about 1 -2 million new patients annually are found to have gallstones of which approximately 700,000 undergo cholecystectomy. Gall stones causes may be obesity, hyperlipidaemia, diabetes mellitus, high refined carbohydrate diet, low fibrin diet, pregnancy, iatrogenic, recurrent a calculus cholecystitis, crohn's disease, low protein diet, sickle cell anaemia. Gallstones may be present for decades before symptoms develop. Cholelithiasis are solid stones formed in the gallbladder from cholesterol, bile salts, and calcium [1,2].

PATHOLOGY

Gallstones are conveniently classified into cholesterol as well as pigment stones. Gallstones contain varying of calcium salts including ca. bilirubinate, CaCO_3 , PO_4^{3-} and palpitate which are radio opaque [3,4].

Clinical Features are onset sudden, pain right hypochoindrium region, radiation to right scapular region, worse eating, nausea, vomiting, flatulence, fever. Signs are subject is ill, facies anxious, emperature is 38 degree C or more. Abdominal examination is tenderness, rigidity of right hypochondrium, palpable mass is right hypochondrium, below costal margin, shape globular, moves with respiration.

PIGMENT STONES

Genetic factors are orient, rural setting, Chr. hemolysis, Chronic biliary tract infection, infections of parasites [5,6].

MATERIAL AND METHODS

The study was conducted on the cases available from 2018 to 2019. The present study was carried out in Department of Pharmacy at Bharatesh Homoeopathic Medical College, Hospital and Research Center, Belgaum, Karnataka, India. Thirty patients and range between Twenty to fifty years age are enrolled in this clinical study. They are taken regular OPD after eligibility criteria. Inclusion and exclusion criteria, history and interview were taken as per the proforma. Reference to a different medicine, surgery, and Homoeopathic Materia Medica [7], Repertory and homoeopathic therapeutics book [8] will be done. The patient will be reviewed every 15 days for 6 months and after 6 months up to two years or as per requirement of the case. *Fel Tauri* 6X two tables twice a day up to end [6].

Inclusion Criteria

Patients who are analyzed clinically as gallstones by an approved radiologist, surgeon, consult physician, surgeon and by ultrasonography (USG) will be thought of. Patients of age 20 years and above irrespective of their sex, socioeconomic background and occupation will be selected, based on clinical history, clinical examination and investigation.

Exclusion Criteria

Subject having active treatment for the other chronic diseases. Cases which need careful/operative intervention and problems like obstructive jaundice, perforation, fistula, empyema of lungs, gangrene, carcinoma and failure of liver, cholecystitis, pancreatitis so on.

Follow up and symptomatic assessment

This clinical study was conducted over the 6 month duration. Clinical reexamination was performed at the end of one month and six months up to two years. The test applied for analysis of data was T-Test. This was used to identify statistically significant between the treatments in each time section.

Research Hypothesis

Fel Tauri shows an effect in the treatment of Gall Stone.

RESULT

30 cholelithiasis with mean \pm SD, maximum cases were observed in age group (30 - 50 years).

Table 01: Distribution of Cholelithiasis to Age Group

Age Group	No. of Cases	Percentage (%)
20-30	9	30
30-40	13	43.33
40-50	8	26.6
Total	30	100

Among 30 Cholelithiasis patients with mean \pm SD, maximum cases were observed in the age group of 20 - 30 years in 9 (30%) cases, 30 - 40 years in 13 (43.33%) cases, 40 - 50 years of age group had 8 (26.66%) cases.

Table 02: Distribution of Cholelithiasis According To Sex

Sex	No. of Cases	Percentage (%)
Male	15	50
Female	15	50
Total	30	100

Patients were in the male 15 (50%) and 15 (50%) patients were females out of 30 cases. *Fel Tauri* was prescribed to all patients according to the symptoms similarity and the following observations were made. *Fel Tauri* is the most effective medicine for the study.

Table 03: Distribution of cases according to patients who dropped out during treatment

S. No.	Results	No. of Cases	Percentage (%)
1.	Recovered	28	93.33
2.	Improved	1	3.33
3.	Not improved	1	3.33
	Total	30	100

The above 30 cases, 28 (93.33%) patients were recovered, 1 (3.33%) patients were improved and 1 (3.33%) patients were not improved.

DISCUSSION & CONCLUSION

The research shows that *Fel Tauri* plays an important role in the treatment of Cholelithiasis. The study depicts that most of the patients got relief from *Fel Tauri* and this is not a small number. There were no side effects during the treatment and it can be concluded that *Fel Tauri* can help the patient to take a new lease on life. During the study, it was observed that in almost all the cases the *Fel Tauri* responded well and the patient not only got rid of the main complaints of Cholelithiasis but also got rid of the associated complaints with the restoration of health. With the help of use of homeopathic medicines even surgical intervention was avoided. Thus we can conclude that *Fel Tauri* used with a holistic approach is very effective in treating the cases of Cholelithiasis.

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